

# Emergency and Critical Care



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## Palliative Care in ICU

# Objectives

- Discuss palliative care in critical care

# Palliative care nursing

- What experiences have you had with palliative care?
- Who does it?
- What is it?
- Where does it occur?

# Watch video

- <https://www.youtube.com/watch?v=N4objV7cLYg>

- What are the challenges presented in this case?
- How can nursing help meet those challenges?
- Respect for patient and family wishes

- Communication between health care workers
- Unrealistic expectation from family
- Lack of experience and support
- Environment : room design not for end of life care

## Moral distress:

- how to stop futile medical care
- What to say? When to say? How far should I tell them? How much they would like to know?

# Advantages

- ICU nurse – patient ratio
- Lower risk patient die alone
- Good symptoms management: pain, anxiety, and respiratory distress
- Offers family meeting during bereavement time.

# References:

- Burdette-Taylor, SR (2007). Palliative care in a critical setting: A case study. *Nursing2007Critical Care*. 2(5): 64.
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- World Health Organization. (2004). WHO definition of palliative care. Retrieved October 9, 2004 from <http://www.who.int/cancer/palliative/definition/en/>